

Fourteenth Annual Mental Health Symposium

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The Medication Assisted Treatment Specialist MATS Credential

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Learning Series

Marshall Rosier (2008)





Medication Assisted Treatment Specialist Credential

- Trends in Behavioral Healthcare around MAT
- Professional Responsibility and the Ethics of Medication Assisted Treatment
- Certification as a Medication Assisted Treatment Specialist
- CCB Science 2 Service Program
 - Collaboration with CCB and ICAADA in Indiana



Medication Assisted Treatment Specialist Credential

Medication Assisted Treatment of Addiction

- *Use of medication as part of a comprehensive recovery plan to treat substance use disorder(s)*
- Opioid Dependence
- Alcohol Dependence
- Nicotine Dependence



Medication Assisted Treatment Specialist Credential

- Current Trends in Behavioral Healthcare around Medication Assisted Treatment of Addiction (MAT):
- Major shift in practices, awareness, interest and attitudes
 - Increase in high severity substance use disorders
 - *Opioid Dependence & Rx drug abuse*
 - New science and research
 - Evolving model of addiction
 - New medications available
 - New medications being developed
 - Outcomes very favorable by comparison to other interventions
 - Medical model continues to gain momentum

Ethical Issues in Medication Assisted Treatment

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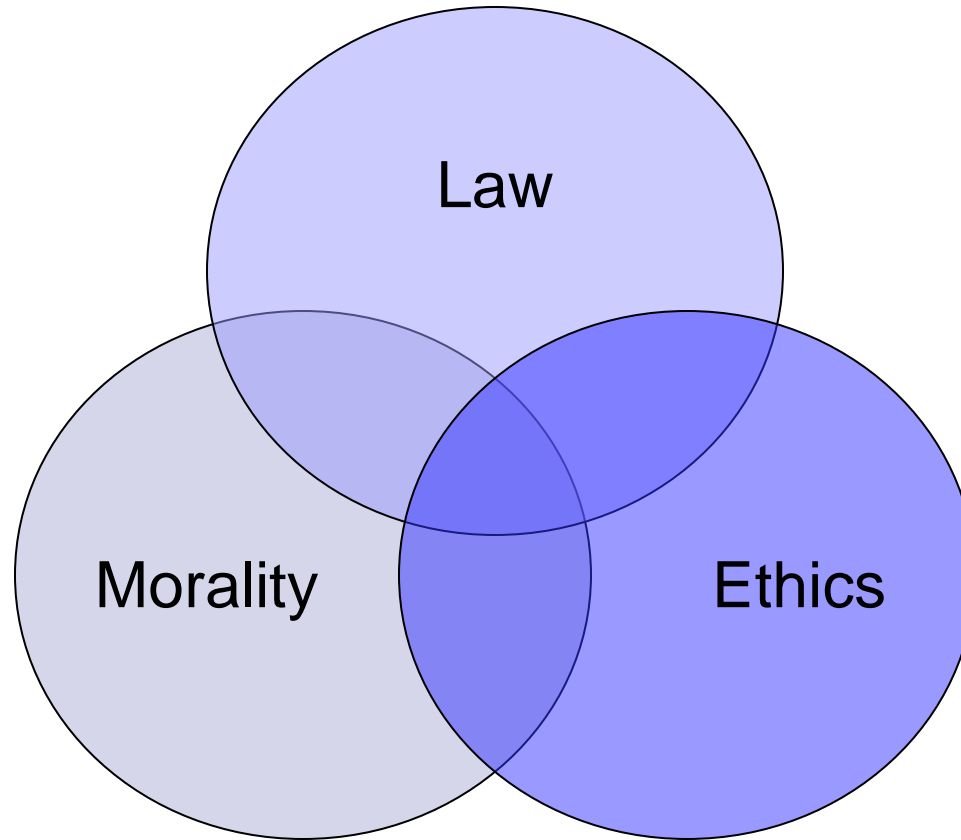
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Medication Assisted Recovery: Collaboration, Integration & Ethical Issues





Medication Assisted Recovery: Collaboration, Integration & Ethical Issues

Ethical Issues in MAT: **Competence**

- Treat only those you are adequately trained to serve regardless of scope of practice/license
 - If your scope allows you to treat a disorder/issue that DOES NOT mean you are competent to treat that disorder/issue - *Are you adequately prepared to treat?*
- Provider Competence: Knowledge & Skills
 - Demonstrated competence in MAT?
 - Referral to your own program
 - Are clinical recommendations based on best-practices?



Medication Assisted Recovery: Collaboration, Integration & Ethical Issues

Ethical Issues in MAT: **Beneficence**

- “Benefit” to the person served
- All actions should be for the benefit of the person
 - Determined to be beneficial when:
 - Effective Treatment
 - Appropriate Outcomes
 - Research & Evidence Based Practices
 - Good fit with person and produces desired outcome



Medication Assisted Recovery: Collaboration, Integration & Ethical Issues

Ethical Issues in MAT: **Autonomy**

- “Best Interests” of the person served
- Provider and person’s values may differ
- Person’s choice is respected
- Respect for person’s right to choose
 - Type of Treatment (options)
 - Length of Treatment (maintenance vs. detox)
 - EXCEPT when decision will do harm to self or others
AND they lack capacity to make decision

From TIP 43



Medication Assisted Recovery: Collaboration, Integration & Ethical Issues

Ethical Issues in MAT: Nonmaleficance

- “First, Do No Harm”
- No actions should harm person served
- Risk/Benefit assessment of MAT
- Providers doing harm?
 - Administrative Discharge
 - Stigmatizing & Dehumanizing Practices
 - Mandatory Medication Changes
 - Mandatory Reporting of Continued Substance Use



Medication Assisted Recovery: Collaboration, Integration & Ethical Issues

MAT Ethical Issues in Practice

- Conflicts between Principles
 - Beneficence vs. Autonomy
- Individualized Services
- Involuntary Discharge
- Take Home Medication
- Violence & Safety
- Recovery Environment

From TIP 43



Medication Assisted Recovery: Collaboration, Integration & Ethical Issues

Ethical Issues in MAT

- Anti-medication Bias
- Provider Coercion & Power
 - Discontinuation of treatment
 - Counselor & Client Relationship
 - Policies & Procedures: Urines, Appointments, Labels
- Provider Competency
- Provider Stigma
- Informed Consent & Risk/Benefit Analysis

Introduction to Medication Assisted Recovery

Specialty Training & Credentialing in Medication Assisted Recovery

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Medication Assisted Recovery

Promoting Medication Assisted Recovery

“Like many addiction counselors personally and professionally rooted in the therapeutic community and Minnesota model programs of the 1960s and 1970s, I exhibited a rabid animosity toward methadone and protected these beliefs in a shell of blissful ignorance. That began to change in the late 1970s when a new mentor, Dr. Ed Senay, gently suggested that the great passion I expressed on the subject of methadone seemed to be in inverse proportion to my knowledge about methadone. I hope this article will serve as a form of amends for that ignorance and arrogance.”

William White

Methadone and the Anti-Medication Bias in Addiction Treatment

White & Coon (2003)

Marshall Rosier (2009)

Medication Assisted Recovery

12 Step Fellowships and MAT

AA does not have an anti-medication philosophy or approach

Personalities before Principles...

From the beginning, Bill W. and Doctor Bob recommended that people (alcoholics) follow their doctors advice and take treatment including medication when necessary

Please see The AA member and Medications pamphlet from AA World Service, New York, NY (currently under revision)

Marshall Rosier (2009)

Medication Assisted Recovery

12 Step Fellowships and MAT

- 1) *Look for non-chemical solutions before considering medication.*
- 2) *No AA Member SHOULD play Doctor.*
- 3) *Be honest with your physician.*
- 4) *Consult physicians with addiction experience.*
- 5) *Tell you physician if you are having side effects or difficulties related to treatment (cravings, etc.)*

From The AA member and Medications pamphlet from AA World Service, New York, NY (currently under revision)

Medication Assisted Recovery

Promoting Medication Assisted Recovery

- Disseminate Science/Evidence-based Materials
- Tools and Resources
- Community Training and Education
- Specialty Education in MAT for Professionals
- Advocacy
- Legislation to Prevent Discrimination
- MAT Specialist Certification

Medication Assisted Recovery

Promoting Medication Assisted Recovery

- MAT Specialist Certification
 - Certification is intended for:
 - Certified and Licensed Practitioners
 - Addiction, Counseling, Social Work, Marriage/Family
 - Medical Personnel
 - Nurses, Doctors, Psychiatrists
 - People in Recovery
 - Advocates
 - Policy Makers and Legislators

Medication Assisted Recovery

Promoting Medication Assisted Recovery

- MATS Credential
 - 45 Hours of MAT-specific Training
 - MATS Exam
 - Renewal training hours
 - MAT Ethics Code

Medication Assisted Recovery

Promoting Medication Assisted Recovery

- MAT Specialist Candidate Guide
 - MATS Domains
 - Tasks, Knowledge & Skills
 - MATS Exam (September 2009)
 - Sample Questions
 - Information
 - References

Medication Assisted Recovery

Promoting Medication Assisted Recovery

■ MAT Specialist Certification

□ Certification has 4 Domains:

■ Domain 1: Pharmacotherapy

- Knowledge of medications and treatment options

■ Domain 2: Recovery Supports

- Working with Medical personnel and providing useful info
- Recovery community involvement

■ Domain 3: Education

- Self, Clients, Community

■ Domain 4: Professional Responsibility

Medication Assisted Recovery

Promoting Medication Assisted Recovery

■ MAT Specialist Certification

■ Domain 1: Pharmacotherapy

- **Current** knowledge of medications
- Screening and referrals for MAT options
- Risk/Benefit assessment
- Identify medical issue and seek consultation as needed
- **Current** knowledge of treatment options
- **Active** referral to treatment and coordination of care

Medication Assisted Recovery

Promoting Medication Assisted Recovery

■ MAT Specialist Certification

■ Domain 2: Recovery Supports

- Establish rapport & promote recovery
- Individualized treatment and recovery planning
- Working with Medical personnel and providing useful info
- Recovery community involvement
- Crisis management (withdrawal, interaction effects of RxS)
- **Actively** coordinate care with all collaterals

Medication Assisted Recovery

Promoting Medication Assisted Recovery

■ MAT Specialist Certification

■ Domain 3: Education should focus on -

- SELF, Clients, Families, Stakeholders
- Medication & alternative options
 - Every MAT candidate should be aware of alternatives
- Complimentary clinical & recovery supports
- Community education to reduce stigma and raise awareness
- Benefits of healthy behaviors and risk reduction
- Face and voices of Recovery

Medication Assisted Recovery

Promoting Medication Assisted Recovery

- MAT Specialist Certification
 - Domain 4: Professional Responsibility
 - MAT Ethics code & standards of practice
 - Professional boundaries
 - Adhere to all Federal & State regulations
 - Ongoing professional development
 - Self-care and personal wellness
 - AVOIDING personal biases

Medication Assisted Recovery

Promoting Medication Assisted Recovery

- Benefits of MATS Certification
 - Ensures Minimal Knowledge of MAT
 - Demonstrates Competency
 - Professional Recognition
 - Ethical Code & Grievance Procedure
 - Identifies MAT Professionals
 - Encourages Advocacy and Education
 - Professionalizes Field and Reduces Stigma

Medication Assisted Recovery

Promoting Medication Assisted Recovery

- MATS Application – Training/Education
 - 45 Hours of MAT-specific Training
 - Etiology of Substance Use Disorders & MAT - 12 hours
 - Addiction Pharmacotherapy of Alcohol & Opioid Dependence – 18 hours
 - Recovery Supports & MAT – 3 hours
 - Collaborating with Medical Providers – 6 hours
 - MAT Specific Ethics – 2 hours
 - MAT Electives or additional requirements in above domains – 4 hours

Medication Assisted Recovery

Promoting Medication Assisted Recovery

■ MAT Specialist Certification

- Connecticut developed a Medication Assisted Treatment Specialist (MATS) certification in 2007
- Currently being offered in Missouri and soon in other states (Indiana) & regions (Hong Kong)
- 45 Hours of Training & Written exam
- In CT, no credential/license is required



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Science 2 Service
Learning Series

The CCB Science 2 Service Distance Learning Program

The CCB Science 2 Service Learning Series

- ✓ *Self-paced learning program designed to compliment training and workshops on MAR*
- ✓ *Based upon science, research & evidence-based materials such as SAMHSA/CSAT TIPs*
- ✓ *Programs are designed to assist professionals integrate what they learn into practice*
- ✓ *Designed for Adult learners*



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Science 2 Service
Learning Series

The CCB Science 2 Service Distance Learning Program

The CCB Science 2 Service Learning Series

- ✓ ***Over 24 courses***
- ✓ ***Affordable***
- ✓ ***Content available on CDs, email or printed***
- ✓ ***Based upon some of the best content in the industry (TIPs, TAPS, NIDA content)***
- ✓ ***New content under development***



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Science 2 Service
Learning Series

The CCB & ICAADA Science 2 Service Distance Learning Program

The CCB Science 2 Service Learning Series

- ✓ ***ICAADA & CCB will be collaborating on this program to make the course work available in Indiana***
- ✓ ***Questions, please contact the ICAADA office***
- ✓ ***Information will be available on ICAADA website***
- ✓ ***Catalogs were distributed to all attendees of the conference***



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